

THE WORK CREATIVE



The Work of Byron Katie meets the healing art of singing



Join us for a transformative weekend retreat where the powerful inquiry method of Byron Katie meets the healing art of singing and vocal expression. Led by two incredible Irish women, Nadine Ferris France, Certified Facilitator of the Work and Eimear Crehan, vocal powerhouse, discover how to go deeper into self-inquiry and uncover inner peace through the combined practices of 'The Work' and the use of your own voice. With live music throughout, this weekend promises deep learning, healing, growth and change, as well as lots of laughter, fun, joy and connection. The Work Creative is a unique offering created by Eimear and Nadine.

TESTIMONIALS

"Nadine and Eimear - separate - each unique. Together - a gentle force of knowledge, creative and calm. A space was created to allow us to look at ourselves in the most intimate and safe way. Also allowed us time to think about our creativity needs. Thank you both for being so BRAVE"

Janet, The Work Creative participant, Ireland 2022

"Incredible weekend which opened doors and took down walls. I know it will make me a happier, nicer person. Blown away by the two facilitators. Inspired do to more of 'The Work' and more singing. Thank you"

Melissa, The Work Creative participant, 2022



DETAILS

When: 6-9 February 2025

Further details will follow

♥ If this makes you curious, let us know, and we'll add you to the list of those interested.

[Yes, I am interested!](#)

BIO NADINE

Nadine Ferris France is a Certified Facilitator, coach, writer and activist. Co-Founder and CEO of Beyond Stigma, an NGO working on stigma and shame, she has worked with hundreds of people from all around the world leading retreats and workshops, and supports individuals to identify thoughts and beliefs that cause stress, sadness, fear and shame and question their thinking to find peace in their lives. She holds a warm and safe space for participants to feel fully able to drop deeply into themselves and find connection and peace.

BIO EIMEAR

Eimear Crehan is a well established artist as well as a creativity coach and community leader. Founder and director of SpeakUp SingOut Music School, Eimear is a thought leader in the areas of creativity, coaching, performance, personal development and community arts. She loves nothing more than connecting with both her voice and yours and has a unique ability to help voices come out of the shadows and be heard. She is really looking forward to connecting with you on this retreat.